

مختصر صفة العمرة

Summarised Description of Umrah

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Summarised Description of Umrah¹

First Step: Entering into the State of Ihraam

Ihraam means having the intention of starting the rituals of Umrah.

Bathing before entering the state of Ihraam is Sunnah.

The one intending to perform Umrah should say:

لبيك عمرة

“Labbaika ‘umratan”

(Here I am for ‘Umrah)

Pronouncing the Talbiyah is Sunnah according to the majority of the scholars.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ إِنَّ الْحَمْدَ وَالنُّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

“Labbaika Allaahumma labbaik, labbaika laa shareeka laka labbaik. Inna al-hamd wa’l-ni’mata laka wa’l-mulk, laa shareeka lak”

“Here I am at Your service. O Allah, here I am at Your service, here I am at Your service. There is no associate with You; here I am at Your service. Verily all praise and grace is due to You, and the sovereignty (too). There is no associate with You.”²

One is to say the Talbiyah until they reach the Ka’bah.

A woman should recite in such a manner that those who are beside her can hear it, unless there is a man beside her who is not one of her Mahrams, in which case she should recite it quietly.

It is obligatory for one to put on their Ihraam before entering the Miqaat.

If one enters into the state of Ihraam from his residence which is before any of the Mawaqit then that Ihraam is accepted.

¹ **Reference:** Taken from the Shaykh’s book on the Description of Hajj of the Prophet (ﷺ)-
<http://www.altarefe.com/cnt/books/246>

² **Sahih:** Recorded in Sahih Bukhari (no. 1184).

Second Step: Tawaf Around the Ka’bah Seven Circuits

Wudu’ (ablution) is not obligatory for Tawaf (circumambulation).

It is obligatory to begin the Tawaf from the black stone.

One should keep the Ka’bah on his left and not on his right.

It is obligatory to make seven rounds around the Ka’bah.

He should touch the Stone with his right hand and kiss it; if he cannot kiss it then he should touch it with his hand and kiss his hand. If he cannot touch it with his hand then he should face the Stone and point to it with his hand and say “Allaahu akbar”, but he should not kiss his hand.

Performing Ramal (walking in a fast pace for the first three rounds of Tawaf) is Sunnah, and there is no Ramal for women.

Uncovering the right shoulder (idtibaa’) (for the men only) from the beginning of Tawaf until the end is Sunnah. This is done by placing the middle of the Rida’ (upper garment) beneath the right armpit and the ends of the Rida’ over the left shoulder.

It has been legislated that at the time of Tawaf to remember Allah and to make supplications and to stay away from that which may harm the people who are performing Tawaf.

Speaking about worldly affairs or teaching something beneficial whilst performing Tawaf is allowed and there is no problem in that.

Third Step: Praying Two Units of Prayer After Performing Tawaf behind the Maqaam (station) of Ibrahim

It is Sunnah to pray two units of prayer behind the Maqaam of Ibrahim.

If it is not possible to pray directly behind the Maqaam then one can pray anywhere in the Masjid.

Fourth Step: Performing Sa'i between Safa and Marwah Seven lengths

Wudu' is not obligatory for Sa'i.

Starting Sa'i from mount Safa is obligatory.

Sa'i consists of seven circuits, walking from Safa to Marwah counts as one.

Performing each circuit from Safa to Marwa consecutively is Sunnah

One is to remember Allah and make supplications whilst performing the Sa'i.

When one reaches the green marker he should run quickly without disturbing anyone. When he reaches the second green marker, he should walk normally until he reaches al-Marwah.

It is Sunnah to look at the Ka'bah when upon Mount Safa.

Supplications and Words of Remembrance whilst on Safa and Marwa:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

There is none worthy of worship except Allah, One, there is no partner with Him. His is the Sovereignty. To Him praise is due and He is Powerful over everything. There is none worthy of worship except Allah, who fulfilled His promise, helped His servant and routed the confederates alone.³

³ Sahih: Recorded in Sahih Muslim (no. 1218a)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

'There is none worthy of worship except Allah, One, there is no partner with Him. His is the Sovereignty. To Him praise is due and He is Powerful over everything' - then make a long supplication and repeat that.⁴

No supplications or words of remembrance have been legislated upon completion of the Sa'i.

Fifth Step: Shaving or Trimming the Head After Sa'i

It is Sunnah for men who have completed the Sa'i and are performing Umrah to shave their whole head. As for the one who trims his hair short, this is also allowed. With regards to shaving the head, this is more preferred.

Women should cut the length of a fingertip from their hair.

End of Umrah

All Praise Is Due to Allah and His Blessings and Peace Be Upon His Prophet, His Family and His Companions.

Full booklet on Umrah in English with all evidences and references can be downloaded: <https://ia801209.us.archive.org/23/items/DescriptionOfTheUmrahOfTheProphet/Description%20of%20the%20Umrah%20of%20the%20Prophet%20%EF%B7%BA.pdf>

Research Center for Hadith website:
<https://researchcenterforhadith.wordpress.com/>

⁴ **Sahih:** Recorded by Sunan Bayhaqi (5/94).